June is finally here and that means it's summer time, school is out, barbeques and pool parties, and we are one month closer to the summer paravan trip (which has become a parathon) across central IL. Compared to last month June is a slower month for us, but since we have so much going on for the rest of the summer we will take it.

An update on how the events in May went:

- On the 10th we hosted our “Investigate with TnT Paranormal” event at Midway Village along with Paranormal Investigators of Milwaukee, Ghost Research Society, and Haunted Rockford. We had over 50 people attend the event and they were able to investigate six (6) buildings over a four (4) hour period. We had a great time and loved meeting everyone. We hope to get to go back again really soon.

- On the 16th we held our public reveal of the data we have collected there over a series of investigations of the Arlington Heights Historical Museum (AHHM). After the presentation there was a tour of the location. We will be hosting several “Investigate with” events there in the fall.

- On the 29th we continued the 2014 Lecture Series with a program at the Westmont Public Library. We had 19 in attendance. We loved hearing everyone stories.

We still have slots available for “Investigate with TnT Paranormal” events for the summer and fall at the Arlington Heights Historical Museum, former site of the F.W. Müller Carbonated Beverages Company. These events are perfect for the novice paranormal investigator who wants to be able to investigate but may not have the means to do it otherwise. Are you brave enough to come along? To learn more go to our website Investigate Beverage Factory Page or the ad on Page 12.

We have a lot of interesting articles in June 2014 Issue on the Tibetan Book of the Dead, Eastern State Penitentiary, an interview of fellow investigator, Cameron Ellis, founding member of SPARC (Society for Para-Analytics, Research & Collaboration), Basics of the Video File Format, REINCARNATION: Not Just Buddhist Philosophy Anymore, and Near Death Experiences. If you are a budding author, or even an experienced one and would love to have your article in our newsletter, please let us know.

We are always on the lookout for new cases and places to investigate, so please keep us in mind if you hear of anything. To learn more about us you can go to our website, group page on Facebook, Team page on Facebook, or Twitter (@TnTParanormal).

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Tibetan Book of the Dead

By Carl Crooks, TnT Paranormal Investigators LLC

The Tibetan Book of the Dead is a guide through the afterlife and also a guide for the living. It is the key to life after death and the answer to humanity’s oldest question; what happens to us after we die.

To better understand the purpose of this book one should understand the basic beliefs of Buddhism. The One belief is that life is full of suffering and that suffering comes from desire and ignorance. Another, suffering can be eliminated through meditation, studying, and the possession of compassion and wisdom. And still another, those who have compassion and wisdom can become enlightened and on the pathway to reincarnation.

Karma is another part of Buddhism that is important to understand. The concept of karma is that through your mortal life, one will experience good and evil deeds which will be reconciled in the next life. If your karma is bad, you may be placed in hell or be reborn as an animal. If your karma is good, you may have the chance to become a god or to be reborn as a human.

The Tibetan Book of the Dead was originally known as The Book of Liberation Upon Hearing in the After-Life, and was given its western name, The Tibetan Book of the Dead, by Walter Evans-Wentz in the early 1900’s. It is believed to have been written in the 8th century AD but not brought to the light of day until the 14th century. It is considered to be one of the holiest books in the world.

The Tibetan Book of the Dead was discovered by a lone American, Walter Evans-Wentz, an Oxford educated anthropologist who was on a spiritual quest, in Tibet, in 1919. He spent three years translating it into English and first published it in 1927. Since its original publishing, it has been translated into several different languages and is still available in bookstores.

The Tibetan Book of the Dead is believed to have been written by Padmasambhava, also known as The Lotus Born. The Lotus Born, was a human being, mystical in nature, and came to Tibet having traveled from Afghanistan through India during a time that the Buddhist religion was becoming dominant in Asia, China, and Indonesia. Upon finishing the book, The Lotus Born thought that what he had written was too powerful and dangerous to be given to the Buddhist people and he hid it in the hills surrounding Tibet, with the prophecy that it would be found at the end of 600 years.

The Tibetan Book of the Dead was discovered in the Gampo Hills in Central Tibet, by a Tibetan terton, Karma Lingpa, a discoverer of ancient texts. The rituals from this text have been used in the same way by Tibetan Lamas for the past 600 years.

Upon the death of a person in Tibet, Tibetan monks are called to the side of the deceased. The soul of the person will wander up to 49 days as the monks chant and read the text to reassure the soul how they are to find their way to the next life.

When a person dies, the monks force the body into a fetal position, the spine is broken, and the legs and arms are tied tightly together. The corpse is then allowed to stiffen in a small bundle nearly half the size the person was in life. The monks make a sky burial, placing the body outdoors, in a remote location. It is believed that the body no longer has a purpose and the last gift of the body is made as an offering to the vultures.
Paranormal “U”

Tibetan Book of the Dead

The message given to the deceased, through the chanting monks is: Do not be attached to this world, do not be distracted or afraid by what you see, but to face the challenges in an attempt to secure your next life.

The deceased person is usually confused by being dead and the soul may choose to stay around the living in an attempt to obtain comfort from those left behind. The monks’ chanting is put in place to reassure the soul that all will be okay and to follow their directions.

The soul will go through three Bardos, the environment between the death and the next life. During this time the soul will experience things which are quite similar to those who have described near death experiences.

The Chikhai Bardo, or the Moment of Death, has the presence of a white light or a blinding light and the soul may feel compelled to go to it. The monks relay the information to not go there but to move on past it.

The Chonyid Bardo, The Peaceful Deities, is the second part of this journey. Here the soul will experience different lights, colors, and beautiful things. These beautiful things are a trap, the soul is being seduced by the beauty being presented, and it is an obstacle of the liberation that the soul is seeking. The goal of Bardo is to achieve enlightenment. Here the soul will experience the yin-yang, the duality found in life. And with this duality is the flip side of the Peaceful Deities, Chonyid Bardo: The Wrathful Deities. If you are taken in by the beauty, here there are wrathful blood drinking deities. Seeing these demons is a truly frightening thing and the monks will chant for the soul to ignore them, that they are not real, and that the soul must move on past them.

The end finds you face to face with the most terrifying deity of all, Yama, who is death himself. A wrathful deity waiting for you. Here, Yama examines the deeds of the person, their karma, and represents their deeds by using white pebbles, good Karma, and black pebbles, bad karma. If the black pebbles are more, this may mean the soul is reborn as an animal or experience a life time of torture in hell. More white pebbles will offer the soul a positive rebirth or even entrance into the world of the gods. It is believed that being reborn as a more enlightened human, understanding the nature of suffering, one may help others to overcome their suffering and become more enlightened.

An evil person can be reborn as an animal or a demon or even worse, a wrathful spirit called the Hungry Ghost, with an appetite that cannot be satisfied; a realm of great suffering.

The Tibetan Book of the Dead offers the soul an escape from a lifetime of torture or being reborn as an animal. If the soul can focus on the constant chanting of the monks, the soul can leave the Lord of Death behind and move forward into the third Bardo, the Sidpa Bardo or, The Moment of Rebirth.

During this time, the soul will view couples having sexual intercourse and the opportunity to choose their future parents. At the moment of conception, the soul is placed in the womb of the woman, which at birth is experienced as the tunnel, and the white light is experienced as the light of the world the soul is being reborn into.

The Tibetan Book of the Dead can help guide a person to a better life. It helps people to learn that it is best to be a kind and loving person. To limit your suffering, meditate, and increase your wisdom and compassion for others. In this way, the Tibetan Book of the Dead is just as important to the living as it is to those who have died.
My name is Cameron Ellis. I am a core founding member of SPARC (Society for Para-Analytics, Research & Collaboration). I have been immersed in consciousness theory, ethno-religious studies, demonology, occult and parapsychology for over 30 years. I have also been working with pro audio processing and studio projects for 25 years. Only in the past few years though did I ever think to combine the two knowledge bases together and explore EVP phenomena from a scientific perspective. I partnered with an incredibly bright psychology based skeptic with years of investigative experience, Darcy Lingg, to create SPARC as a well rounded and comprehensive research organization in 2012. Since then our mission has been to educate teams on proper investigative techniques, the scientific model, and to promote the value of collaborative resource building through shared initiatives and projects.

1) **Tell our readers a little bit about you and the role you serve in the field of the paranormal?**

I am a core member of the Society for Para-Analytics, Research & Collaboration. I am a life-long, passionate enthusiast of the paranormal for over 3 decades now and recently decided to channel all that knowledge into formal research and investigation in the field. I have also spent the last 25 years in audio engineering which has become incredibly handy for EVP research as well as for experimentation and R&D.

When deciding to form a research group, myself and my other core member decided to approach paranormal investigation from a different angle... to serve all the other teams in the field and create tools and projects that facilitated collaboration between them all, a dire need that we felt was holding parapsychological research back.

2) **How long have you been interested in the paranormal and what sparked that interest?**

I have been intrigued by the paranormal since I was a child. As far back as I can remember I was checking out books from grade school on that seemed to scare the other kids. Ghosts, UFOs, strange animals (cryptids wasn't a word back then), dimensional and time travel, spellcraft, worldly religions, astral projection... i was the only kid in that section and my name was printed on the inside sleeve checkout card a dozen times or more one after the next. My interest was never sparked from a specific event, but more so from an obligatory need to study about a truth that I almost remember or a place that I have been but cant quite put my thumb on. To this day, this reality I'm surrounded by has always bored me and a constant pull to *rediscover* a forgotten reality has always been just out of reach.

3) **What makes you and/or your team different from others in the field?**

We try to look for the commonalities between metaphysics and physics, the ethereal and tangible, the spiritual and scientific. Our group feels the false dichotomy setup between these two camps has polarized an incredibly passionate subset of humanity and has subsequently stunted our ability to see the truths that may lie in BOTH disciplines. So instead of becoming a scrutinized target that stepped out into the spotlight attempt to "re-unite" the camps, we felt SPARC could create initiatives that both sides could feel comfortable with collaborating on from their sides of the isle, and in turn making them work together with either being cognizant or caring of the differences in perspectives.

4) **What do you believe is the most common mistake paranormal investigators make? How can they correct that mistake?**

The biggest mistake would have to be completing writing off others view points because of gut feelings, personal biases or claims of lack of evidence. While there are many teams that unfortunately fully embrace one side of the spectrum or the other and therefore rob themselves of valuable opportunities to explore and learn, there are few that are willing to challenge these biases, step out of their egocentric views and remember they are in a field of almost NO empirical evidence to support one perspective or another. Investigators need to be honest with themselves.

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**We never charge a client for an investigation!**
TnT Paranormal Asks Cameron Ellis

themselves on why they feel a specific way and why they feel strongly towards one camp or the other. Typically those strong feelings are rooted in some other irrelevant motive or influence. As a researcher seeking the truth, you MUST be open to all possibilities equally including those that counter your beliefs potentially.

5) In your career in the paranormal have you ever had someone bring up a phenomenon or unusual experience that you had never heard of before?

Sure, there are always the unusual cases that can only come from mental illness or drug use like the time we were asked for help because someone felt their hot water heater was out to kill them. But in paranormal investigation by definition, we are asked to look at and scrutinize events that won't be touched by any other socially recognized science. This doesn't mean that it isn't any more "real", it just may be phenomena that's beyond our understanding at this point. In a universe that's 99% unexplored and constantly surprising us I don't see why this is a problem for most folks. They've just become too comfortable with the 1% that we've discovered so far, while recent events like certain quantum level revelations that counter this worldly accepted comfort zone are frankly too threatening to consider rehaping that security.

6) Any advice for a new investigator getting into the field of the paranormal?

Read, read, read and read some more! There is NO limit to the amount of relevant knowledge you can cram into this field. Ethno-religious studies, physics, audiology, psychology, forensics, occult, sociology, comparative religions and apologetics... these are just a few areas that compliment pure parapsychology. In fact, to ignore these areas depicts an extremely weak field investigator or researcher... one that's more than likely riddled with bias and lack of perspective.

7) What do you believe is the best tool a paranormal investigator can use during an investigation?

Their brain. The human mind is by far the most sensitive, self realizing and adaptive piece of equipment in an investigators arsenal. No other tech is as comprehensive or able to correlate between multiple phenomena like our consciousness. Think about it, what other tool available to us potentially spans multiple dimensions with the capability to possibly sense influences and fields that modern equipment developers only dream of?! We don't give our minds enough credit but that's mostly due to conscious choices we make to limit that incredible tool. Fear, greed, ego... these all impede the full capability of the paranormal investigator.

8) What is your favorite place/location to investigate?

I personally have always had a fear and intrigue for sanitariums and asylums. I have never had a fear of the concept or representation of evil. However, the presence of psychopathology in the paranormal was always a contradiction of sorts to me. It no longer became a question of opposing influences, a yin-yang of positive and negative forces, a natural balance that we so often see our existence abide by. Pure chaos and irrational logic is the stuff of nightmares for me... and because of that I am drawn to it as a TOTAL unknown, even more so than many other paranormal phenomena.

9) Have you ever had a paranormal experience that “changed” you in some way? Either for the positive or the negative.

I had one that shocked me as I had never been confronted face-to-face with spiritual phenomena before, however it was just conformation of a deep seeded belief that I felt existed but had not been touched by yet. I was in my early 20's and attending a wedding party with
TnT Paranormal Asks Cameron Ellis

friends. I recall sitting in a restaurant with close friends and some other women at a table who we barely knew. They were getting a little wild, uncomfortably so and I recall others at the table smirking a bit at the small spectacle they were making. At one point, the women suggested a group of us should go back to someone’s house to continue the party and went on ask under a barely hushed voice if anyone had any coke. A couple of us, including the groom-to-be, laughed uncomfortably to placate them, politely declined and said we should stick around the restaurant and have fun. Immediately their demeanor changed and they both snapped back offended and said “WHY?! What’s wrong with us?! Are you fucking gay?!” As the sharp words left their mouths I saw what could best be described as a wave or ripple pass over their faces and a dark, toothy, hideous and angry face could be seen for a brief second. Nobody else reacted, and I realized that I was the only one to witness it. Confusing my best friend, the groom, I immediately vacated and told him I would see him the next day at the ceremony. I wasn’t frightened so much as I didn’t know how to process what I had just seen. Regarding one of the women, I can still see the face today.

10) How can our readers contact you to learn more about you and the work you do in the field of the paranormal?

If you do an internet search for SPARC paranormal you will find many different listings regarding our activities, including our website at www.sparc-oregon.com, our adult paranormal show SPARC After Dark at www.spreaker.com as well as our Facebook and Google+ communities where we do quite a bit of debate and education between anyone who loves to truly delve deep into parapsychological topics. We can also be reached at our hotline (661) SPARC-95 or email at info@sparc-oregon.com.

We at TnT Paranormal Investigators LLC want to thank Cameron Ellis for the interview. We are honored to call him our colleague and friend.
Trifield ® Meter Model 100XE

The Trifield ® Meter is a gaussmeter, electric field meter, radio field strength meter in a single unit. When measuring electromagnetic fields (EMFs), the primary concern is usually magnetic fields, which can be tricky to measure. If a less sophisticated 1-axis gaussmeter is used, a reading of zero could result even where the field is strong. A 1-axis meter must be oriented correctly to measure the field (which is a vector). The 3-axis Trifield Meter solves that problem by measuring the true strength of the field regardless of which way it is oriented. Therefore, the Trifield Meter can be scanned rapidly across an area without having to stop at each point to search for the orientation that gives a maximum reading. Another section of the meter detects AC electric fields, which can exist independently of AC magnetic field. The third section detects radio/microwave, such as from a leaky microwave oven.

Website: http://www.trifield.com/content/trifield-meter/

Natural Electromagnetic (EM) Meter

The TriField Natural EM Meter was designed to do field measurements for special research. It detects changes in extremely weak static (DC or "natural") electric and magnetic fields, and signals with both a tone and the movement of a needle-type gauge if either the electric or magnetic field changes from previous levels. A radio and microwave detector is also included, which reads radio power directly. Because man-made AC electric and magnetic fields are very common and could interfere with readings of static fields, the meter has been designed to ignore AC fields. Normal construction materials don’t block magnetic fields, so the meter can be placed indoors and will work equally well, and due to the built-in tone, it can be used in the dark, and will sound the tone at whatever level of field the user sets. Model 1 operates on a standard 9-volt battery, and Model 2 runs on a 9-volt battery or an AC adapter (both included). Model 2 has an input jack for an optional high-sensitivity magnetic coil. Both models are covered by a one-year warranty.

Website: http://www.trifield.com/content/trifield-meter/
Eastern State Penitentiary

Website: www.easternstate.org

Eastern State Penitentiary in Philadelphia, Pennsylvania, was once the most famous and expansive prison in the world for its time. After it was built, it was also the largest building in America at the time. It is also said to be crawling with paranormal activity. Located at 2124 Fairmount Avenue, the structure still stands today, though its cellblocks are crumbling and the guard tower stands empty, or so we think. It is still open to the public for historical tours, as well as ghost tours.

Construction on the prison began in 1822 and it was opened in 1829. There were seven wings built onto the prison, consisting of individual cell blocks that extended from a central hub. Although it opened in 1829, construction on the prison was not complete until several years later.

Prisoners lived in total isolation at Eastern State Penitentiary from the time they entered until the time they were released or died. They were given a bible and a myriad of chores to occupy their time. The cells were made of concrete with a single glass skylight that was supposed to remind the inmate that God was watching them at all times. The doors going into the cells were short, forcing the prisoner to have to duck when entering their cell. In the personal exercise areas, the walls were very high, which prevented the prisoners from seeing one another. Additionally, when a prisoner was taken from or allowed out of his cell, a hood was placed over their head so that nobody could see him. In some ways, though, Eastern State Penitentiary was more advanced than other prisons of its time, with flush toilets in each cell, showers and central heating.

In 1787 a man named Dr. Benjamin Rush, who is known as "the Father of American Psychiatry" concluded that people who committed crimes had a moral disease and that prisoners incarcerated for crimes needed a place to think about their actions and be remorseful, all alone, in solitary confinement; that true repentance would only come if they were made to spend all of their time alone reflecting on their wrong-doing. What he did not seem to realize was that this system would drive many a prisoner mad.

Al Capone was incarcerated at Eastern State Penitentiary on an illegal weapons charge in 1929. He claims that while he was incarcerated there he was tormented by the spirit of James Clark, one of the men Al Capone had murdered in the brutal and horrifying St. Valentine’s Day Massacre. Another notorious criminal that graced the walls of Eastern State Penitentiary at one time was bank robber "Slick Willie" Sutton.

In 1913 ESP abandoned the solitary confinement system. The prison was originally built to house 300 inmates, but by 1920 the prison was housing 2,000 inmates. New cells were being built as quickly as possible, and cells were being built underground as well to accommodate the overflow of inmates.

By 1960 the prison was in great disarray, and finally in 1971 it was shut down.

The most popular story of paranormal activity happened to a man named Gary Johnson, a locksmith, in 1990. He claims that a cell door
Famous Haunts

Eastern State Penitentiary

opened and a negative force came over him and immobilized him, rendering him helpless. He also claims that tormented faces appeared on the cell block walls. He vividly remembers his experience to this day.

Other claims of paranormal activity include a shadow figure that runs away when approached, a dark figure that stands in the guard tower, an evil-sounding cackle that is heard in cellblock 12, a figure that slides down the wall in cellblock 6 and ghostly faces appearing in cellblock 4. Unfortunately for paranormal investigators who come to investigate, none of these particular cellblocks are open for tours.

Eastern State Penitentiary is located at:

2124 Fairmount Avenue
Philadelphia, Pennsylvania 19130

Visit their website at www.easternstate.org for pricing and information about their tours.

Other Sources:

https://www.facebook.com/#!/pages/Eastern-State-Penitentiary/125028907507788
www.paranormalabout.com
www.crime.about.com
www.themosthauntedplaces.com

Photo courtesy of Jann Obermeier Goldberg
Tools of the Trade

Basics of the Video File Format

By Bill Krempp, TnT Paranormal Investigators LLC

The month’s Tools of the Trade article covers the technical aspects on how video files are stored in a digital format, and for the most part, this means a computer file.

First let’s cover some basic terms:

- **FrameRate** - Video, in its simplest definition, is a series of still images streamed together one after another, for film the standard is 24 frames per second (fps) and for video it’s 30 fps. These framerates are fast enough that your eye/brain blend them into a smooth continuous stream that is pleasing to watch. A camcorder will typically record at 30 fps (actually 29.97 fps) and is generally not changeable, but a DVR system may record anywhere in the range of 1 to 30 fps. The slower the framerate, the ‘choppier’ the video.

- **Resolution** – Once video is stored in a file, it has a very specific resolution. It may be low resolution like 640x480, or high resolution 1920x1080. Of course high resolution is nice, but makes the files MUCH larger.

- **Encoding** – When video is ‘digitized’ it can come in many formats which will encode and compress the video stream. The common formats are MJPG, MPEG4, and H.264. The MJPG format is faster and cheaper BUT yields fairly inefficient compression, which yields larger video files. H.264 is preferred and yields much smaller files but generally only available on higher quality (more $$). Keep in mind that there are file formats (e.g. AVI, WMV, M4V, etc.) that combine audio, video, and other streams together.

- **Codec** – “COmpressor/DECompressor”. These are little ‘helper applications’ used by a computer program to process the audio and/or video streams embedded within a file. Many Audio/Video applications support additional codecs thru the use of a plugin that is simply downloaded and installed.

The common file formats (such as AVI, OGG, WMV, MP4, QuickTime, and RealMedia) are basically just containers of multiple audio and/or video segments stored using various encoding and compression methods. The container file describes the structure of the file contents, and specifies which codec’s are being used for the parts contained within.

To find out a bit more about a video file’s properties, you can select the file and right-click then select **Properties**. (on a Mac: Select the file and right-click then select Get Info and Expand “General” and More Info” for more detail).

The paranormal investigation team should be aware of the various file formats that your different devices use. If some devices store in a non-standard format, it’s fairly easy to convert to another format using one of many video conversion or editing software packages out there, but be aware that anytime you change formats, the output may be lower quality than the original. Although having a ‘standard’ format for video files will make life easier (when gathering and performing data review), it’s not the only factor. Size is another consideration as is quality of the material. Pick device settings that work best for your team. Experiment with different settings and formats of your equipment.

Additional references:

- [http://dpbestflow.org/Video_Format_Overview](http://dpbestflow.org/Video_Format_Overview)
Many "ghost" hunters and paranormal investigators ask why the study of reincarnation is so important when it comes to our field. For many its just an Eastern spiritual philosophy that has no bearing on what we do in the field, when in actuality the belief in afterlife and consciousness survival is PARAMOUNT to the study of apparitions, ITC and discarnate entities. The idea that the "soul" is intrinsically separate from our physical bodily shell prior to its birth here in our current materialist reality AND after we pass over into the next stage of existence, means that the phenomena will at some point be quantifiable by scientific evidence... the question is not "if" but "how and when".

One of the biggest proponents of post-mortem survival who has probably contributed the most comprehensive body of work is medical doctor, psychiatrist and psychical researcher Ian Stevenson. His staunch application of scientific methodology, rigorous controls and police style investigation and interview techniques won over many skeptical colleagues and critics of psychical research and parapsychological studies. Sitting the presidential appointments for both the Parapsychological Association and the Society for Psychical Research, Stevenson has contributed some of the most irrefuted evidence and testimony supporting reincarnation through corroborated retained memories of past lives by young children.

While the study of past lives and current precipitant accounts may not at face value be the most popular subject within paranormal field investigation, the fact that many interviewed subjects speak of events that occur BETWEEN their earthly bound lives and look forward to that existence as well as the personalities and past-times they enjoyed there is a strong indicator to take discarnate spirits and potential communication seriously. In fact, his credited work is probably the ONLY and BEST evidence we have that has the most scientific community support for human bodily survival and afterlife perceptions of time passage and existence in other realities.

Almost every religion speaks of afterlife survival in one form or another many involving a "judgment" of some sort. Christians and Judaism speak of the servitude toward God, while Tibetan Buddhists speak of white and black stones counting out your good and evil deeds, the "weighing of the soul" is not just an Egyptian depiction but almost a universal outlook that our current existence is a trial period or gauntlet for other more important planes of our spiritual evolution. While Buddhism is widely depicted as the origination of reincarnate thought, the belief system of past lives and souls returning to earth is shared by the African Zulu, North American Indians from the Tlingit, Sioux, Pueblos and more, the Australian Aboriginals, the Incas, the Okinawans and many more from all over the globe.

So what does this mean for us investigators in the field? It means that the possibility of discarnate spirit existence and interaction is a more widely believed idea than we thought with quite a bit of researched evidence to support it. The potential that we all survive bodily death with many claiming large gaps of productive and meaningful time between lives adds another facet to our attempts to prove and communicate with these forces. It means other languages and cultures are involved and/or some sort of universal apparatus could be at work (think about that the next time you perform EVP sessions near areas that previously had large native populations). Singapore theory, the hypothesis that utilizing period trigger music to solicit EVP or other communication attempts now has more credence and if you don't believe there are ANY barriers whatsoever in this ethereal existence the cross-cultural door just opened up a bit wider as well. There are even provisions within past life recall


and regression that speak of what's called "soul loss", a separation or loss of part or all of your "soul" through traumatic events, illness or death. This partial or full loss can cause a person to not feel whole in this existence and inversely upon death a soul does not cross-over and instead attaches itself to a person here. This portion of reincarnate thought is a little unconventional in some circles but it sounds oddly similar to many of the same phenomena spoken of in more paranormal communities and parapsychological investigators... a commonality that should not be completely ignored.

If you want to come from the other end of the spectrum though and possible scientific correlation then you need not look any further than quantum mechanics multi-dimensional theory. The idea that a gigantic multiverse not only ties it all to at least 10 concurrent existences and layers of reality (six of which we cannot detect directly) does NOT confine us to our corporal existence in the hear and now. Bodily survival should not have ANY effect on the hypotheses within M-theory and in fact parlay very nicely into many of the eastern perspectives of what karma, chi, samhadi, kundalini and other energy based philosophies have been talking about for years.

Every responsible investigator and paranormal researcher should arm themselves with as much information as they can. Reincarnation studies, past life regression and even eastern philosophy should be facets of this knowledge base as they play a large part in many client belief systems and their potential affect on an environment and the phenomena you may be experiencing. If an entire extended family believed that their recently departed grandfather would reincarnate at some point or that he willingly could watch over the family until such an event was to take place, the amount of energy that was conducive allowing such a space to be present could be enough to send your investigation in a totally different direction... one that you may not have taken if you hadn't asked the question of the clients. Instead of subscribing to labels of the "unknown", try to familiarize yourself with ALL spiritual phenomena, afterlife belief and consciousness theory while looking for the commonalities between them all. Each part is definitely another piece of a VERY large puzzle.
Bumps in the Night!!!!

Sneak Peek

In the next issue of Bumps in the Night!!!:
- **Paranormal “U”** - Tools used in the early days of Ghost Hunting
- **Famous Haunts** – St. Augustine Lighthouse
- **Tools of the Trade** – Dowsing Rods/Crystals vs KII/Ghost Meters

We have TnT Paranormal t-shirts for sale. Go to our Webstore or Café Press store to place your order TODAY before supplies run out!

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We never **charge** a client for an investigation!
In the world of the paranormal, near death experiences or NDE’s are in every case described as life changing and spiritual. Psychics, mediums and energy healers often attribute their gifts to such an event. Those who return to life often speak of a loving and peaceful Heavenly place where they are welcomed into the waiting arms of loved ones. There are those also, who have come screaming back to tell the tale of the fires of Hell. These are experiences that remain in the memory for the continued lifetime. No matter what the individual might see in the immediate afterworld, it transforms, renews and can bring purpose.

The medical world has for years determined that spiritual experiences caused by NDE’s are due to hallucinations caused by the flood of endorphins and other bodily chemicals to the oxygen deprived dying brain. This theory however, doesn’t explain how after being pronounced dead for many minutes to even a few hours, a person could be revived bearing information they hadn’t yet had. Patients have reported specific conversations in the room or people who arrived and then left while the body had lay dead on the table. Being able to relay pertinent information such as this has caused a change in thinking in the scientific community. Their final verdict; is simply that it cannot be explained.

The Near Death Research Foundation hosts a compilation of more than three thousand experiences from around the globe on their website www.nderf.org, along with research articles written by scientists, medical professionals and independent researchers alike. One could literally spend days reading through the available text, only to find we still don’t really know the nature or explanation for what it is people experience when they die. The only thing that can be agreed upon at all is that there is something more than what this life has to offer. I guess we will just have to wait and see.
Bumps in the Night!!!!!

Name this Haunted Location

Do you know the name of this haunted location? Email us with your guess at info@tntparanormal.com.

May 2014 Name this Haunted Location was Arlington Heights Historical Museum.

Ask TnT Paranormal

The following question(s) was/were submitted by our readers, by our online subscribers, or at events.

What was your most scary paranormal experience?

For myself, I am still waiting for my “scariest” experience. Some of my more memorable experiences occurred the summer before I turned 13. I was spending it with my father and stepsister in North Carolina. They had a house in the historic district; I believe it was about 150 years old back then.

My bedroom had two beds with a small table between them. The table was big enough for a small lamp, an alarm clock (not digital), and whatever book I was reading.

One day early in my visit, I noticed the clock missing from the table. After a quick search, I located it in my closet. Thinking this was a prank by my stepsister, I put it back and went on with my day. This “prank” started happening more frequently and became a bit of a game. Some days I would put it in the closet and leave my room and it would be on my table when I came back.

I always assumed I was playing this clock game with my stepsister as her being just a year younger than I and having adjoining rooms, who else could it be. Now I admit I never saw her move the clock or hanging around my room so I was very suspicious when she didn’t appear to know anything about this clock game. I set out to catch her and prove it was her moving the clock.
Ask TnT Paranormal

What was your most scary paranormal experience?

Over the next few weeks, I would set up “tests” like putting the clock a certain way and then taking her to go for a swim, walk, bike ride. I wouldn’t let her out of my sight. When we would get home I would race past her to get upstairs first. Most days the clock would be right where I left it but some days it was moved, always back and forth between the table and closet shelf.

I left that summer frustrated because I couldn’t “bust” her for moving the clock as well as intrigued for the same reason. If she wasn’t the one playing, who the heck was? We all had other experiences that summer thus I just couldn’t easily dismiss my clock game. They moved at the end of the school year so I didn’t get to visit that house again. I have not experienced anything quite like that since. For me, the experiences in that house are still unexplained.

- Jenni Garcia, Investigator in Training, TnT Paranormal Investigators LLC
Upcoming TnT Paranormal Events

Course: Paranormal 101
- Sep 11 at 7P - Cary Area Public Library

Course: Paranormal 102
- Oct 16 at 7P - Glen Ellyn Public Library
- Oct 30 at 7P - Lockport Public Library
- Nov 7 at 7P - Crete Park District

Course: Paranormal 103
- Sep 18 at 7P - Lemont Public Library
- Nov 15 at 2PM - Antioch Public Library

Course: Paranormal 104
- Oct 23 at 7P - Franklin Park Public Library

Course: Paranormal 105
- Aug 21 at 7P - Glendale Heights Public Library
- Aug 28 at 7P - Aurora Public Library
- Sep 12 at 7P - Frankfort Park District
- Oct 9 at 7P - Cary Area Public Library
- Oct 12 at 2PM - Bartlett Public Library
- Oct 25 at 1P - New Lenox Public Library
- Nov 8 at 1P - Crest Hill Public Library

Investigate with TnT Paranormal Event: (fee associated with event)
August 2 at Arlington Heights Historical Museum; see information below (10/25 event)

October 25 at Arlington Heights Historical Museum (to learn more go to our website Investigate Beverage Factory Page or see ad on Page 12)

Fundraiser: Heartland Animal Shelter in Northbrook:
- Oct 11 at 5PM. More details to follow.

Other Upcoming Paranormal Events

Disclaimer: If it has to do with the paranormal and crowds we'll list it here. This list includes Ghost, UFO, and Cryptozoology conferences. We are not associated in any way with any event listed and we cannot guarantee any information provided, please check with the representing website (and call the promoter if possible) to gather full information.

June 2014
Event: The Fourth Annual Afterlife Awareness Conference
Date(s): 5 to 8
City, ST: Portland, OR
Website: http://www.afterlifeconference.com/

Event: True Paranormal California Summit 2014
Date(s): 6 to 7
City, ST: Santa Paula, CA
Website: http://www.eventbrite.com/event/7219063413/es2?rank=1&sid=871a4fa34a6611e384f812313d225df9

Event: Para-Con 2014
Date(s): 14
City, Country: Port Talbot, Neath Port Talbot, United Kingdom
Website: https://www.facebook.com/events/291098734368124/?source=1

Event: 2014 Haunted America Conference
Date(s): 20 and 21
City, ST: Decatur, IL (Location: Haunted Lincoln Theater)
Website: http://www.americanspookshows.com/

Event: Paranormal Awards & Convention
Date(s): 21
City, ST: Manchester, NH (Location: Alpine Club)
Website: http://www.theparanormalawards.com/

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**Other Upcoming Paranormal Events**

**June 2014 (continued)**

**Event:** Investigate with members Syfy’s Ghost Hunters and Haunted Collector  
**Date(s):** 21  
**City, ST:** Fort Mifflin, PA (Location: Historic Ft. Mifflin)  
**Website:** [http://idealeventmanage.com/idealevents.html](http://idealeventmanage.com/idealevents.html)

**July 2014 (continued)**

**Event:** Investigate with John Zaffis and the Bama Boys *(Ideal Event Management)*  
**Date(s):** 26  
**City, ST:** Manistee, MI (Location: S.S. City of Milwaukee USCFC Acacia)  
**Website:** [http://idealeventmanage.com/idealevents.html](http://idealeventmanage.com/idealevents.html)

**August 2014**

**Event:** 8th Annual Paranormal Meet & Greet (FREE EVENT)  
**Date(s):** 9  
**City, ST:** Indianapolis, IN (Location: Hannah House)  
**Website:** [https://www.facebook.com/events/1382599212003655/?ref=filter_upcoming](https://www.facebook.com/events/1382599212003655/?ref=filter_upcoming)

**Event:** Pensacola Para Con (Sci Fi, Anime, Gaming, Gaming Horror, etc.)  
**Date(s):** 9 and 10  
**City, ST:** Pensacola, FL  
**Website:** [http://www.pensacolaparacon.com/](http://www.pensacolaparacon.com/)

**Event:** IPRG Ghost Conference  
**Date(s):** 15 to 17  
**City, ST:** Boise, ID (Location: Lugarbeel US Army Reserve Center)  
**Website:** [http://www.iprgghostconference.com/](http://www.iprgghostconference.com/)
### Other Upcoming Paranormal Events

#### August 2014 (continued)
- **Event:** Con-Con 12  
  **Date(s):** 23 and 24  
  **City, ST:** Villisca, Iowa (Location: The Villisca Murder House)  
  **Website:** [http://spirits-speak.com/conferences-concon12.html](http://spirits-speak.com/conferences-concon12.html)

- **Event:** The Las Vegas Paracon  
  **Date(s):** 22 to 24  
  **City, ST:** Las Vegas, NV  
  **Website:** [http://www.elitevegasparanormalsociety.com](http://www.elitevegasparanormalsociety.com)

#### September 2014 (continued)
- **Event:** 13th Annual Mothman Festival  
  **Date(s):** 20 and 21  
  **City, ST:** Point Pleasant, WV  
  **Website:** [http://www.mothmanfestival.com/](http://www.mothmanfestival.com/)

- **Event:** Finger Lakes Paracon  
  **Date(s):** 26 to 28  
  **City, ST:** Finger Lakes Region of Upstate New York  
  **Website:** [http://www.flparacon.com/](http://www.flparacon.com/)

#### September 2014
- **Event:** Ghostly Encounters Cruise  
  **Date(s):** 6 to 11  
  **City, ST:** NJ to Bermuda  
  **Website:** [http://www.cruise-planners.com/rw/view/3085](http://www.cruise-planners.com/rw/view/3085)

- **Event:** Scarefest Horror and Paranormal Convention  
  **Date(s):** 13 to 15  
  **City, ST:** Lexington, KY  
  **Website:** [http://scarefestcon.com/](http://scarefestcon.com/)

- **Event:** Scare-a-Con Horror and Sci-Fi Fan Convention  
  **Date(s):** 12 to 14  
  **City, ST:** Verona, NY (Location: Turning Stone Resort and Casino)  
  **Website:** [http://scareacon.com/](http://scareacon.com/)

- **Event:** Winnipeg Paracon 2014  
  **Date(s):** 12 and 13  
  **City, ST:** Winnipeg, Manitoba, Canada  
  **Website:** [http://www.paracon.ca/](http://www.paracon.ca/)

- **Event:** 4th Annual "Preston Castle ParaCon 2014"  
  **Date(s):** 19 to 21  
  **City, ST:** Ione, CA (Location: Preston Castle)  
  **Website:** [http://www.prestonparacon.com](http://www.prestonparacon.com)

- **Event:** 4th Annual "Delta Paranormal Project Conference 2014"  
  **Date(s):** 3 to 5  
  **City, ST:** Vicksburg, MS  
  **Website:** [www.deltaparanormalproject.com](http://www.deltaparanormalproject.com)
Investigator Spotlight

Phil Nevins

Investigator in Training

Phil grew up on the south side of Chicago, near Midway Airport and now resides in Mokena with his wife Tina and two daughters. Phil has been in the IT field for most of his career and is now the voice lead at a global law firm and works out of a downtown office. His hobbies include physical fitness, running, biking, music, reading, and spending time with his family. Beginning in grammar school Phil has had quite a few "unexplainable" experiences which has always kept his interest in the paranormal. after trying a few other teams and not just feeling it was a good fit Phil finally found TnT Paranormal. He is looking forward to learning all that he can about the field, investigations and proper investigative techniques.

Other Upcoming Paranormal Events

**October 2014** (continued)

**Event:** 2014 Paranormal Conference  
**Date(s):** 9 to 11  
**City, ST:** Mahnomen, MN (Location: Shooting Star Casino, Hotel and Event Center)

**Website:**  

**Event:** 2nd annual Little Traverse Bay (LTB) Parafest  
**Date(s):** 17 to 19  
**City, ST:** Bayview, MI (Location: The Terrace Inn)

**Website:** http://littletraversebayparafest.webs.com/

**November 2014**

**Event:** 2014 Afterlife Paranormal Conference & Film Festival  
**Date(s):** 21 to 23  
**City, ST:** Chicago, IL

**Website:** http://afterlifeparanormal.com/