

Paranormal "U"**Worm Holes**

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If you have ever watched an episode of Star Trek, or almost ANY modern science fiction TV show or film, you are familiar with the idea of wormholes. In science fiction, these are shortcuts around the universe and will allow you to go potentially thousands, if not millions of light years away, in a blink of an eye.

Wikipedia has this official description: *A wormhole or Einstein–Rosen bridge is a hypothetical topological feature that would fundamentally be a shortcut connecting two separate points in space-time. A wormhole, in theory, might be able to connect extremely far distances such as a billion light years or more, short distances such as a few feet, different universes, and different points in time. A wormhole is much like a tunnel with two ends, each at separate points in space-time.*

It has been theorized that depending on the nature and makeup of the wormhole, that they could be anything from a shortcut to alternate universes, to potential conduits for time travel. To date NO wormhole has ever been observed or recorded, however Einstein predicted their existence and several theories in quantum mechanics all seem to confirm this possibility.

One of the major issues with wormholes is size. So called "primordial wormholes" that might have existed since the creation of the universe are predicted to be incredibly small. If they still existed today, they might have stretched as the universe expanded, but are still currently undetectable. Another issue with wormholes is their inherent instability. Most physicists speculate that if wormholes do exist naturally, they only exist for a very short period of time before one end, or the other, collapses.

A material called "exotic matter" might be used to stabilize a worm hole. Exotic matter is basically any matter that exists outside the norm for matter and exhibits "exotic" properties. Dark matter or dark energy is such an item. It is thought that dark matter and dark energy make up the bulk of the mass of our universe, even though we cannot directly observe its affects.

In recent years, some paranormal researchers have begun using the idea of wormholes as a possible explanation to reported paranormal phenomenon. Using the various theories behind wormholes and the speculated properties they possess, it is thought that these micro-worm holes might be the access points for spirits to come into our world. It is also speculated that given the possible effect on time and time travel, they might allow glimpses into the past or future. Possibly even explaining the déjà vu phenomenon.

The paranormal field is, by definition, full of the unknown. No one knows where or why paranormal occurrences happen. No one knows what causes them exactly. It is all speculative, even after all these years of research. The existence of wormholes does offer one possible explanation and it isn't one that should be discounted, but like all things in the paranormal, it should be approached with a healthy dose of skepticism.

To truly understand the nature and theories behind wormholes, you need to study Physics, Quantum Mechanics, etc. All of this is basically the study of the nature of the universe and reality itself, from the subatomic to the universal. Understanding is at the core of the paranormal field, and with an open mind and a meticulous approach to research and data gathering, understanding is inevitable.