

## Types of Hauntings

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The theory and common belief among paranormal experts is that there are four types of hauntings:

- Residual Haunting
- Intelligent Haunting
- Poltergeist
- Demonic (non-Human Entity)

The first type of a haunting is called *residual*. A *residual* haunting is not a spirit at all, but rather energy imprinted on the environment, much like information captured on a recorder, such as a tape or CD. This energy is a playback of some event from the past. The theory is that a *residual* haunting is caused by some traumatic or life-altering event that occurred either in that location or to the object it's tied to. A *residual* haunting will not interact with you. It will typically have a pattern to it's occurrence. Most paranormal researchers believe this is the most common type of haunting.

The second type of a haunting is called *intelligent*. An *intelligent* haunting is a spirit (also known as entity) that has some intelligence to it. Meaning that it will react with or to you and the environment surrounding it. An *intelligent* haunting will have no set pattern to the activity and will make attempts to communicate with the living.

The third type of haunting is what is called *Poltergeist*. *Poltergeist* means "Noisy Ghost" in German. The theory surrounding *Poltergeist* is that it is not a ghost but rather activity caused by kinetic energy given off by an agent. The agents most generally are adolescent females. This energy is given off due to stress or high emotions.

The last and most rare type of haunting is what is called *demonic*. A *demonic haunting* is a on-human, supernatural entity that is evil or malevolent in nature and is very dangerous. The theory is that this type of entity has never been human at all and has some unique characteristic such as they are following by an extremely fowl odor, growls, and typically physically interacts with the human in ways such as striking or pushing.