



Bumps in the Night!!!!

Paranormal "U"

Dangers of EMFs

The Hidden Dangers Series

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There is a lot of controversy in paranormal research about EMF (electromagnetic field), one of which is the health effects. These studies and experiments are thus far inconclusive, but there is more information becoming available to us that shows the effects of EMF definitely warrant a further examination. The studies about certain types of brain cancer having a correlation with exposure to electromagnetic fields have not been consistently proven. However, the data connecting extremely low frequency fields (ELF, or 0-300 Hz) and childhood leukemia is still valid and has prompted the World Health Organization to list it as a potential carcinogen.

Other data connecting EMF exposure and health risks also has inconsistencies, but we should still look further at what exposures might cause symptoms such as hallucinations, brain misfires, excessive nightmares, and feelings of heaviness or dread. Along with that are the independent studies and observations that indicate at the very least, EMF exposure is something to be aware of and monitored, especially if unexplained symptoms start happening. Many times these symptoms are thought to be paranormal in nature, and it is essential to the client as well as the field in general that all other possibilities be examined.

It is important to note that the World Health Organization and many scientific peer reviewed studies have dismissed the notion of 'electrical hypersensitivity' and deny that there is any conclusive data to support symptoms such as nausea, headaches, dizziness, and sleep disorders are related to EMF exposure. That is not to say the risk is not there, it simply says that the data hasn't concluded anything definite. Many people have reported these symptoms and after doing research on the effects EMF can have, began limiting their exposure wherever possible and noticed a reduction in symptoms. While many say this can be chalked up to the power of suggestion, there are others who say that the mandates limiting exposure in countries such as China and Switzerland should be taken seriously by the United States as well as everywhere.

What has been suggested if these symptoms start happening regularly (and after ruling out any other medical causes) is to be aware of the environment. Pay attention to the location of nearby electrical sources such as power lines and power stations. Take note of what electrical appliances are near your bed and try moving them to see if symptoms ease. Document any symptoms and changes in symptoms.

Likely, there are some misconceptions that have arisen along the way in regards to the search for answers on this subject. At TnT Paranormal Investigations LLC, we feel that it is important to stay up to date on all available information as well as document everything that is investigated. This is especially true when there are any health issues at stake. We care about everyone that comes to us for help, and want to pass along anything we find out in our quest for answers.

For further reading and information, please check the following links:

http://www.ehow.com/how_2282376_diagnose-emf-radiation-poisoning.html

http://ec.europa.eu/health/ph_risk/committees/04_scenihhr/docs/scenihhr_o_007.pdf